

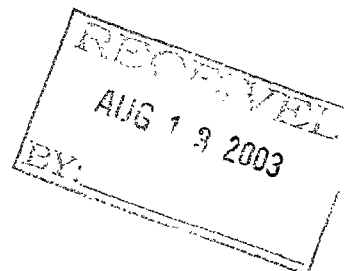


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Office of Nutritional Products
Labeling & Dietary Supplements
Center for Food Safety and Applied Nutrition
Food and Drug Administration
5100 Paint Branch Parkway
College Park, MD 20740-3835

July 31, 2003



Dear Sir or Madam:

This letter will serve as a 30-day notification pursuant to Section 6 of the Dietary Supplement Health and Education Act of 1994 that NBTY Inc. is using the following statements on our Organic High Lignan Flaxseed Oil supplements under the Radiance label:

Ingredients: High Lignan Flaxseed Oil (which typically contains: Alpha-Linolenic Acid, Linoleic Acid, Oleic Acid, Palmitic Acid, Stearic Acid)

- Flaxseed Oil is an important source of Alpha-Linolenic Acid (Omega-3) and Linoleic Acid (Omega-6), two essential fatty acids that cannot be made by the body and must be obtained from diet.
- Organic High Lignan Flaxseed Oil is also a source of lignans- phytochemicals, which play a part in the well-being of the body.

The above statements are accompanied by the required disclaimer pursuant to Section 6 of the Dietary Supplement Health and Education Act.

Sincerely,

Joanne DeCandia, MS, RD
Director of Nutrition Communications

JD/nk

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